

Chapter 2

# Biological medicines — the major social and economic challenges

The global spend on pharmaceuticals continues to increase. The use of biological medicines offers new treatment choices to patients, but at a high financial cost. What are the challenges faced by payers and physicians in preserving access to biological medicines within a financially constrained healthcare system?



## Population aging is increasing the pressure on health systems

- Between 2015 and 2030, the number of people in the world aged 60 years or over is projected to grow by 56%, from 0.9 billion to 1.4 billion<sup>1</sup>
- By 2050, this population is projected to increase to nearly 2.1 billion; more than double the size it was in 2015<sup>1</sup>

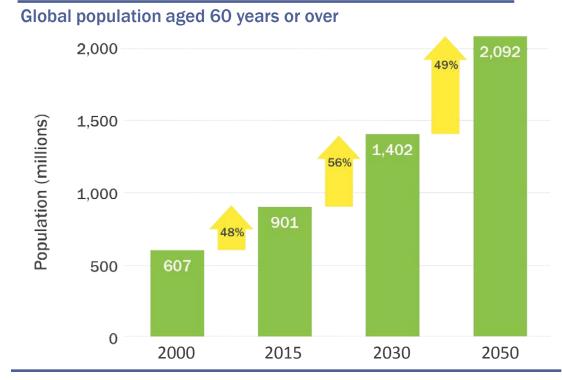


Figure adapted from UN World Aging report<sup>1</sup>

Approximately 80% of adults aged 60 years or over have at least one chronic condition<sup>2</sup>



### Health systems must adapt to meet the growing demand for the treatment of chronic conditions<sup>1</sup>

#### In the US, **chronic conditions** account for:



**two thirds** of all healthcare costs<sup>2</sup>



and **93% of Medicare**\* spending<sup>3</sup>



With the global prevalence of agerelated chronic diseases rising, access to cost-effective medical treatment will become increasingly important over the next decades

Access to cost-effective treatment is paramount for the short, medium, and long-term sustainability of healthcare systems<sup>1</sup>

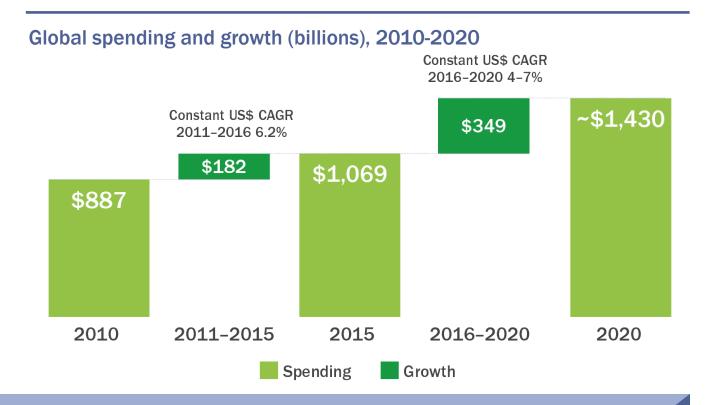
Footnotes: \*Medicare is a US federal health insurance program for elderly patients.

**References: 1.** United Nations. World Aging Report. Available at: http://bit.ly/1Y2LeF4. Accessed April 2017; **2.** Centers for Disease Control and Prevention. The State of Aging and Health in America 2013. Available at: http://bit.ly/2q3y8w0. Accessed July 2017; **3.** Chronic Conditions Among Medicare Beneficiaries, Chart Book 2012. Available at: http://go.cms.gov/2kmLP9a. Accessed December 2017.



### Progress in therapeutic options is accompanied by serious budgetary implications

- 225 new products are expected to come to market between 2016 and 2020¹
- Global spending on medicines is expected to reach 1.4 trillion USD by 2020\*2



A large proportion of the new therapeutic options under development are biological medicines<sup>1</sup>

Abbreviations: CAGR, compound annual growth rate.

Footnotes: \*Due to exchange rate effects, growth was reduced by 100 billion USD and increased by 268 billion USD in 2011–2015 and 2016–2020, respectively.

**References: 1.** QuintilesIMS Institute for Healthcare Informatics. Global Medicines Use in 2020: Outlook and Implications. 2015. Available at: http://bit.ly/1H9Nze3. Accessed July 2017; **2.** QuintilesIMS Institute for Healthcare Informatics. Delivering on the Potential of Biosimilar Medicines. 2016. Available at: http://bit.ly/2q0bV2L. Accessed July 2017.



# The use of biological medicines continues to grow consistently each year



 Biological medicines are expected to account for 30% of new drug products launched between 2016 and 2020¹



 Biological medicines can cost up to 100,000 USD per year per patient, negatively impacting on both patient choice and the healthcare system<sup>2</sup>



 By 2020, a number of diseases will have new biological treatment options available across developed markets<sup>1</sup>



 The constrained payer environment is triggering a range of initiatives designed to limit growth in healthcare budgets<sup>3</sup>

Payers seek to provide and preserve access to cutting-edge medicines, but also need to ensure the long-term financial sustainability of their healthcare systems<sup>3</sup>

**References: 1.** QuintilesIMS Institute for Healthcare Informatics. Global Medicines Use in 2020: Outlook and Implications. 2015. Available at: http://bit.ly/1H9Nze3. Accessed July 2017; **2.** Blackstone EA, Joseph PF. *Am Health Drug Benefits* 2013;6:469–78; **3.** QuintilesIMS Institute for Healthcare Informatics. Delivering on the Potential of Biosimilar Medicines. 2016. Available at: http://bit.ly/2q0bV2L. Accessed July 2017.

# The long-term potential of biological medicines is hampered by their high cost

### IGBA

#### **Psoriasis**

- Psoriasis affects approximately 7.4 million Americans<sup>1</sup>
- Access to biological medicines remains a challenge for many American patients due to factors such as limited insurance coverage and prohibitive costs<sup>2</sup>
- Up to 24% of dermatologists in key EU countries and Canada felt that cost is a key barrier to using biological medicines in psoriasis<sup>3</sup>



A number of markets, including Western markets, restrict patient access to biological medicines due to their cost<sup>4</sup>



### Access to biological medicines is not uniform across Europe

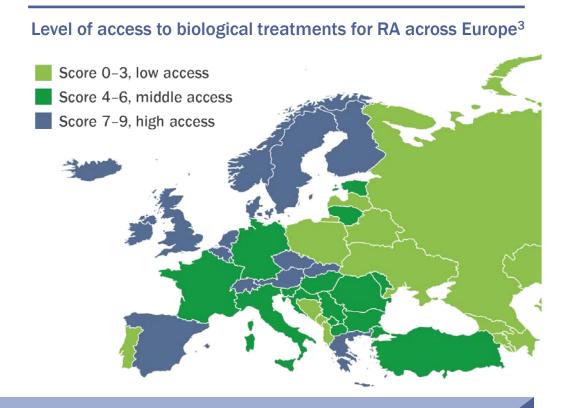
 Compared with Western Europe, Central and Eastern Europe have experienced reduced access to biological medicines<sup>1,2</sup>

Percentage of patients with rheumatoid arthritis (RA) treated with a biological medicine:

Western Europe\*

**Central & Eastern Europe**\*\*

11-12% 1-5%



This difference in access to biological medicines is largely due to general economic conditions<sup>2</sup>



#### Rheumatoid Arthritis (RA)

- There are around 1.3 million Americans living with RA, many of whom require biological medicines²
- It is estimated that the US market for RA treatment will increase from 6.4 billion USD in 2013 to 9.3 billion USD by 2020<sup>3</sup>
- On average, patients with RA can expect to pay in excess of 2,700 USD annually in co-payments for biological medicines<sup>4</sup>



"I use Enbrel. I couldn't walk without it, and when I lost my healthcare insurance it was \$1,800 per box. I sold my car to pay for the Enbrel"<sup>5</sup>

Mika Collins, Michigan
Patient with RA

The availability of biosimilar medicines enhances competition, improves access to biological medicines, and contributes to the financial sustainability of healthcare systems<sup>5</sup>

References: 1. QuintilesIMS Institute for Healthcare Informatics. Delivering on the Potential of Biosimilar Medicines. 2016. Available at: http://bit.ly/2ryPMcd. Accessed July 2017; 2. Best buy drugs. Consumer reports health. Using Biologics to Treat: Rheumatoid Arthritis. 2013. Available at: http://bit.ly/2pZVXFT. Accessed July 2017; 3. GBI Research. US Rheumatoid Arthritis Treatment Market Value to Reach \$9.3 Billion by 2020: Outlook and Implications. 2015. Available at: http://bit.ly/2ryJBWI. Accessed July 2017; 4. Yazdany J et al. Arthritis Rheumatol 2015;67:1474–80. 5. EC. What you need to know about biosimilar medicinal products. Available at: http://bit.ly/2pAZtNM. Accessed July 2017; 5. Healthline. Rheumatoid arthritis patients bear heavy cost burden for biologic drugs. Available at: http://bit.ly/2pQ63J9. Accessed July 2017.

### Biological medicines — the major social and economic challenges









**Population aging** and the rising prevalence of **chronic conditions** is increasing the pressure on health systems<sup>1,2</sup>

**Global spend** on pharmaceutical products continues to **increase**, and is expected to reach 1.4 trillion USD in the near future<sup>3</sup>

Biological medicines represent an **important but expensive** proportion of new drugs<sup>4</sup>







Payers seek to provide and preserve access to cutting-edge medicines, but also need to ensure the long-term financial sustainability of their healthcare system<sup>3</sup>

**Access** to biological medicines is not uniform, and is **often restricted** by their high cost<sup>4,5</sup>

The **availability** of biosimilar medicines enhances competition, improves access to biological medicines, and contributes to the financial sustainability of healthcare systems<sup>6</sup>

**References: 1.** United Nations. World Aging Report. Available at: http://bit.ly/1Y2LeF4. Accessed July 2017; **2.** CDC. Healthy Aging at a Glance 2011. Available at: http://bit.ly/2ptzYJS. Accessed July 2017; **3.** QuintilesIMS Institute for Healthcare Informatics. Delivering on the Potential of Biosimilar Medicines. Report. 2016. Available at: http://bit.ly/2ryPMcd. Accessed July 2017; **4.** QuintilesIMS Institute for Healthcare Informatics. Global Medicines Use in 2020: Outlook and Implications. 2015. Available at: http://bit.ly/1H9Nze3. Accessed July 2017; **5.** Orlewska L, *et al. Med Sci Monit.* 2011;17:SR1-13; **6.** EC. What you need to know about biosimilar medicinal products. Available at: http://bit.ly/29AZtNM. Accessed July 2017.



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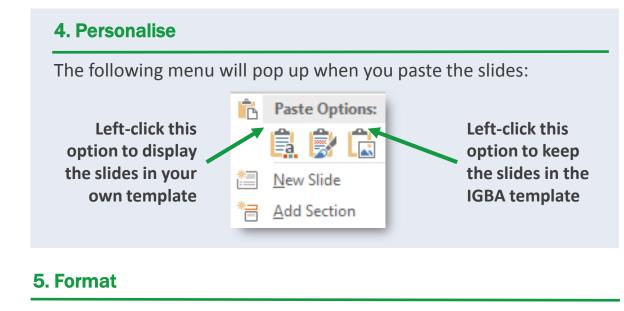
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